



In this issue:

- ✚ Editorial.....pg 1`
- ✚ News and Links.....pg 2
- ✚ In Memoriam- Graciela Stasi and Pati Traub revisited; Gabriele Mosquera.....pg 2
- ✚ Feature article –A Hidden History of the Holy Spirit - by Harvey Martin..... pg 4
- ✚ Healer of the Month – Nancy Rueben MD.....pg 8
- ✚ Interview–Nancy Powell MDpg 9
- ✚ Book Review –7 books by Daniel J. Benor.....pg 12
- ✚ DVD review – 3 DVD's on Filipino Spiritism by Harvey Martin..... pg 15
- ✚ Announcements.....pg 15
- ✚ Credits.....pg 16
- ✚ El Rincon Ha Ha (To keep things in perspective).....pg 16

Editorial

Cross Fertilization

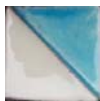
Rudolf Steiner was to my knowledge, the first person to identify an archetype of human experience that involves changing life direction 180 degrees. In several of his recorded lectures he refers to the pattern of experience that Buddha, St. Paul, St. Francis and St. Ignatius of Loyola underwent in common. All were soldier-like personalities that turned Priestly as a consequence of a dramatic inner experience.

It seems to me that a characteristic of our time is the increased incidence of this conversion. Many healers, including myself, have switched professions midlife following inner callings. Nowhere does this seem more prominent as in the lives of Medical Doctors that switched to practicing Energy Work as a result of inner experiences. The Interview, Healer of the Month and Book Review sections address this phenomenon.

The feature article and the DVD reviews are about a discovery that seems to shed new light on a Spiritual Phenomena that rents the current belief system allowing a glimpse of things to come. A result of cross fertilization, Spiritual Surgery points to even greater feats of consciousness and perhaps a working knowledge of interaction with aspects of Divinity sometimes referred as the Holy Spirit. The article is lengthy- much information, cuddle and sip.

E mail entries to Abaraschi@aol.com or via regular mail addressed to: Anton Baraschi, 9 Farm Lane, Spring Valley N.Y. 10977

Editor



News and Links

Akamai University, 193 Kino`ole Street, Hilo, Hawaii 96720 USA
Tel: (877) 934-8793 offers a Masters in Energy Medicine.

<http://www.akamaiuniversity.us/EnergyMedicine.html>

The Energy Medicine University 2365 Bridgeway Boulevard Sausalito CA 94965 Tel (415) 331 1011
offers courses on Energy Medicine, Intuitive Counseling, Medical Intuition, Herbalism, etc.

<http://www.energymedicineuniversity.org/>

Description of a **Bachelor Degree in Energy Medicine** as understood today by the Academe:

http://education-portal.com/articles/Bachelor's_Degree_in_Energy_Medicine.html

Full Day Workshop with Dr. Steven Weiss Sunday, April 27 10 AM at the
Medicine Lodge Clinic 149 W 21st St - between 6th and 7th Chelsea, NYC 10011-3200
Contact Peace Arnold for details at rebirthingnyc@gmail.com or call 917-579-1449

Sharing information from his own 21 years of clinical experience as an osteopathic physician/healer, Steven will teach four simple methods to release and heal diaphragm spasm, and several additional procedures for support, balance, and integration of the body and nervous system, during a guided rebirthing session.

In Memoriam

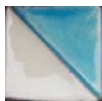
Graciela Stasi



Graciela Stasi's memorial service was a very light and dignified affair held on March 30th at the Wainwright house in Rye NY. More than 100 people attended, friends of Graciela from the Core Institute, people she had traveled with to Brazil, professionals from previous jobs, and family. There was a very nicely put together electronic scrap book being projected, then beautiful voices sung inspirational songs, followed by heartfelt eulogies. Most pictures showed Graciela's happy face and most eulogies emphasized her extraordinary heart. Vincent Stasi did a great job in creating an atmosphere that represented a soul body for Graciela. We thank him for the opportunity to commemorate Graciela with friends and wish him well in all his ventures.

Ed.

*



Pati Traub

In our February issue we had requested readers who really knew Pati to contribute. Below are two such contributions.

Ed.



I painted this watercolor image the weekend that Pati passed. I call it "Being With Pati" because it was an act of co-creation. In ways I don't completely comprehend she feels like a sister to me.

We met during our first HLCC Intensive in May 1999. I remember Pati having a wealth of knowledge. She had a real grasp of sacred geometry as an aspect of universal time/space and of how to work with energy in that realm. Pati had a great sense of humor. We served together at several Squamish Intensives. Once, our team had just finished (12) 45 minute treatments. In the 10 minutes it took to drive from the auditorium to our hotel we broke out in laughter so strong and hardy that we had to sit in the car for 15 minutes before we could walk to our rooms. It's hard to forget some one with whom you've shared so much positive energy.

Linda Fairburn, Ontario, CA

*

Following is an edited version of a much longer letter written by Paula Conner, a person who became family to Pati

Ed.

I met Pati in March of 2006, about 6 weeks after my mother, was diagnosed with lung cancer. Mom was not very into the idea of chemo and radiation, so my sister Frost had the wonderful idea to call the Healing Light Center in California, to see if there was anyone in the Seattle area who might be willing to work with her. This is how Pati started to work with mom. She also supported us as we met this and other challenges. Pati was a neutral party in the sense that she wasn't a long-time family friend; but at the same time she was in touch, and caring, on a very deep level. Everyone felt that.

Mom did do a course of chemotherapy at a wonderful wellness-oriented clinic in Seattle. She was never sick from the treatments, in fact always felt better after a session. Still, she grew weaker. Even though her home was a small apartment attached to my house, it became very challenging for us to spend enough time with her. We asked Pati to move into my spare room, and spend daytime hours caring for Mom. When she agreed, it was like the answer to a prayer. Pati became a very close and trusted friend to me and my teenage daughter Sarah. Pati talked to her about protecting her strength as a woman. Sarah told me, more than once, "we are so lucky to have Pati in our lives!"

Pati stayed here in my home as long as my mom was here. When Mom's cancer spread to her brain and she had to have radiation, she became too weak to climb the stairs from the car to the house. We wanted to avoid a nursing home if at all possible. Once again we asked Pati if she would consider relocating and becoming full-time caregiver for mom, and she agreed. They lived there from the summer of 2006 until my mother passed away last March. That is a long time to care for an 84 year old woman in failing health.

None of us could have foreseen that in less than a year we would be losing Pati too.



My daughter Sarah and I spent an afternoon at the Japanese Garden in Seattle a couple of weeks ago. It was a little chilly, so we had the place almost to ourselves. We stopped under a pavilion on a little rise, and looked back over the beautiful garden and pond we'd just passed through, and from behind the trees on the opposite side of the garden – no kidding -- two bald eagles flew up, chasing each other in the air. Sarah saw them first, and said, "Look Mom, there's Gram & Pati". We both had to smile. I know Pati prayed for complete healing, in order to finish her work.

Paula Conner, OR

I received this news today 5/25/08 from the Celebrating Life Ministries network of Ron Roth and Paul Funfsinn, and the text and pictures below are copied from their e mail transmission. Those who attended John of God events have seen Martin helping and translating.

Ed.



"We received news this week that our beloved friends in Brazil, Martin and Fernanda (Mosquera 's) 8-year-old son Gabriele was killed in a car accident on Monday. The funeral was celebrated on Tuesday. Martin & Fernanda ask that all of us to join together to pray for their family and support them in this difficult time. "

Feature Article

A Hidden History of the Holy Spirit - Christian Gnosis and Healing

by **Harvey Martin**

In June of 1981 I arrived in Manila. The healer Alex Orbito, whom I had met in Hawaii, invited me to visit the Philippines as his guest. He did so following a two week healing mission that I and my friends had organized for him in Hawaii. The healing mission was my first introduction to psychic surgery. I emptied the room where he would be working to prevent any possibility of deception. Before he started working he asked me if I wanted to look up his sleeve. He was wearing a short sleeved shirt and his sense of humor won me over. Our first patient came in, Alex performed the psychic surgery and removed pieces of tissue and clotted blood and in a few minutes was doing it again on another person. The first day there were 35 patients, the second 125, the third 350. On the third day he stopped after his 236th operation, exhausted.

I was transformed. I have always been a pragmatic mystic and look for spiritual practices and disciplines that offer special insights and hopefully siddhis. When he explained to me that he was an instrument of the Holy Spirit as Jesus was before him it troubled me. The concept of a living Christian siddha master exposed my prejudices to me. I asked Alex if he would explain the differences between his Christian beliefs and American Christianity. He said that



he didn't know anything about Western Christianity but if I wanted, I could come to the Philippines as his guest and find out firsthand. He then asked my friend and I if we would produce a video documentary on his life and work. We accepted his proposal. My role as the videographer of the most famous paranormal healer in the Philippine Islands gave me unlimited access to a world where paranormal phenomenon was widespread and easily accessed.

Since my experience of psychic surgery had been positive and unquestionably 'real,' I was genuinely surprised to find myself surrounded by hoards of zealous detractors and skeptics. No one was dispassionate, everyone I met had strong opinions regarding psychic surgery both pro and con. Detractors insisted that it be rejected entirely as medical fraud while advocates insisted that it be integrated into the conventional practice of medicine. The publicity surrounding psychic surgery had drawn a number of people from around the world who fancied themselves as freelance quack busters and public servants, boldly blowing the whistle on medical fraud. To these skeptics, psychic surgery was a brazen hoax with no redeeming value. The problem with their crusade was that many dramatic and often miraculous cures were taking place. In the mounting evidence that validated the healers, detractors became even more determined to save the world from psychic surgery.

I was deeply impressed by the fact that, whatever psychic surgery was, it seemed to be equally effective, regardless of the diverse backgrounds of the patients who arrived from all over the world. Delegations of patients arrived on a daily basis. I could not imagine a better way to study the efficacy of a healing technique than to subject it to the objective and subjective scrutiny of the belief systems and racial and religious biases of a broad cross-section of the entire human race. It seemed reasonable to assume that any method of healing that could produce consistent results given these conditions, certainly had merit. It was common to hear enthusiastic testimonies to the healing abilities of the psychic surgeons being offered in the dialects of Japanese, English, Arabic, Chinese, and many other languages. Rev. Orbito told these delegations to surrender to God in whatever way they perceived God to exist. The message at Rev. Orbito's healing center was that GOD is larger than any particular religious orientation.

Living in the Philippines and working at Alex Orbito's healing center, I saw the same successes and failures that I had seen in Hawaii. Statistically, psychic surgery was a very effective method of healing. Surrounded by so many satisfied and grateful patients and compassionate healers, I became impatient and even offended by those who continued to insist that 'proof' that the psychic surgeons were 'real,' could only be established under clinical conditions and that the healings were merely 'anecdotal.' In this surreal environment, the definition of what constituted 'real' psychic surgery became increasingly nebulous. To parapsychologists, psychic surgery was 'real' if performed without using sleight-of-hand. To scientists, only conventional surgery was 'real.' Skeptics demanded that the healers submit to controlled scientific studies. When healers refused to submit to such studies, their refusal was regarded as proof that they were fakes and psychic surgery was quackery. This bizarre situation forced Alex Orbito to publicly announce that; "...the mission of the healing is not to convince the people, but to cure the people." In fact, several psychic surgeons did agree to extensive scientific testing and it didn't take them long to figure out that being the guinea pigs of biased scientists was insulting, absurd, and counterproductive.

Scientists who performed studies got conflicting results and were soon denouncing and arguing with each other. In one Swiss study Josefina Sison stuffed a large ball of cotton that had been dipped in radioactive dye through a patient's rib cage into their body with her bare hands. The patient was x-rayed and the ball of cotton was clearly visible. Sison then removed the ball of cotton from the lower part of the patient's abdomen where it had somehow migrated in the ten minutes since its insertion. The second x-ray detected nothing. In the light of strong evidence detractors took the position that sporadic miracles 'proved' nothing. The miracles had to be produced on demand, under the intense scrutiny of openly hostile skeptics. As the 'scientific' debate increasingly bogged down, a few began to ask the healers to explain the basis of their abilities. They said that they were human instruments of elevated spirits, whom they called Spirit Protectors. Under the aegis and direction of the Espiritu Santo (Holy Spirit,) these elevated Spirits performed psychic surgery, through their hands.

Like me, most westerners were disturbed by the fact that psychic surgeons explained their work in Christian terms. Western scientists viewed their explanation as ignorant and unsophisticated. Western Christians denounced them as satanic. I learned that the success of Filipino psychic surgeons in healing was derived from their abilities as elevated mediums, mediums of Espiritu Santo. When the Spirit Protector was 'incorporated,' they were transformed into "fourth dimensional surgeons." When they finished their session, the 'Protector' left them and they returned to their normal routines and habits. I wondered if the mediumistic culture of the Filipinos had, in some inscrutable manner,



predisposed them to discover in Jesus' teachings about the Holy Spirit, the means of entering into an oracular and energetic relationship with the Third Person of the Christian Trinity.

What I discovered Filipino Christian Spiritism to be is nothing less than a fully integrated synthesis of Pentecostal Christianity and the indigenous shamanism of their ancient culture. To comprehend the gifts of the Holy Spirit as paranormal phenomena mediated by trance, altered states of consciousness, and dissociative behavior opened the door to yet another mystery. There have been thousands of books written over the past thousand years about the first Christians and what they believed and practiced. Ministers fondly speak of the 'good old days' when Christians were characterized by their healing abilities. Jesus demonstrated numerous examples of spontaneous healing as his primary means of winning converts. Christian Spiritists believe that the mission of Jesus was the sending of the Holy Spirit.

In India, the idea of transmission of spiritual power to initiates is ancient and well documented. Shaktipat mediated through Siddha masters like Muktananda is well known. Native Americans prepare themselves to become medicine men and women who function as instruments of spiritual power through practices like the 'vision quest.' Zen Buddhists practice disciplines that pre-dispose them to receive the transmission of spiritual enlightenment from the realized masters. In the context of the transmission of spiritual power, Jesus' teachings about the Holy Spirit fit the pattern of other great spiritual systems that rely on transmission of spiritual power from the Master to the initiates. Jesus wasn't a Christian; Christianity began with an event that is unparalleled in the Bible, the Pentecost.

In the years that I have researched the Holy Spirit, I learned that there is an ancient term used by Jesus to describe what we call the Holy Spirit. This term is Rukha D' Koodsha. The Hebrew word Ruach is derived from Rukha and means breath or pretty much any phenomena that is characterized by an invisible force producing visible results. Some examples are wind and electricity. The Hebrew word Kosher is derived from Koodsha. Kosher means ritually pure according to the Pentateuch or Five Books of Moses. Koodsha means the same thing except it is believed to be mediated by the Divine Presence universally and personally according to the needs of each individual whatever their religious beliefs. Jesus taught that when one understands the relationship between Rukha D' Koodsha and the individual human soul (naphsha) and can bring them into contact with each other, healing can take place.

Jesus healed to demonstrate specific examples of ways that the individual could be personally brought into conjunction with the Divine Presence. Each healing Jesus performed is a metaphor pointing to an energetic dynamic involved in interfacing the Divine Presence with the dis-eased. These are ancient teachings that Jesus learned and taught. The first Aramaic (Jesus' language) speaking Christians were called Mandaeans. The term is derived from the word Manda which means knowledge. The Greek translation of Manda is gnosis. The spiritual dynamic that Jesus taught leads to healing as well as to gnosis. There is a direct relationship between gnosis and healing. Gnosis is experienced when Divine Presence intervenes directly inspiring personal transformation. Generating Bodhicitta is a Tibetan Buddhist term that means doing things that get people excited and motivated about reaching enlightenment. Gnosis serves the same purpose as Bodhicitta.

There were different schools of Gnosticism and many of the arguments of Literalist theologians that condemned Christian Gnostics as heretics were against gnostic sects unrelated to Christian Gnostics. The demonization of gnosis succeeded despite the false pretense. I have been asked to define the gnostic mindset. Let's see, a gnostic person is one who would prefer to have sex rather than read about it, taste food rather than smell it, feel ecstatic rather than memorize scripture. However vivid and enticing another person's descriptions might be, a gnostic would never be satisfied by anything but the personal experience. The same is true of mystical experience, perhaps even more so.

Is there any proof that Filipino Christian Spiritists have somehow become contemporary instruments of genuine Christian Gnosis as it existed in the time of Jesus? Filipino Christian Spiritists claim that they made contact with and were instructed by elevated spirits who identified themselves as "The Spiritual Messengers of Christ." The Greek term for messenger is 'angelos.' To Christian Spiritists, the messenger spirits that communicate with them through their mediums are the Western equivalent of angels that communicate.

Within the Christian Spiritist community, I found hard evidence that documented their claims. The evidence I managed to locate and translate were records of events that took place between 1904 and 1933 in the rural province of Pangasinan in Northern Luzon. Without this evidence, the real source of the power to perform genuine 'fourth



dimensional operations' would probably have remained a mystery. The records I speak of are the Corporate Minutes of the Christian Spiritist Union of the Philippines. I was entrusted with a book that was crumbling and brown with age. It was written in Old Spanish and had been hidden in a box underneath an old building that had formerly been a branch of the Christian Spiritist Union. While the building was being razed the book was discovered.

I hired a translator and had the document translated. Early in my research I managed to find a copy of the amended Constitution of the Union Espiritista, dated 1950. The amended Constitution seemed in every way to be a normal corporate document. Then, one day, I took a closer look at it and found a chapter entitled "Spiritual Direction of the Association." I opened the booklet and read the following, "***The Spiritual Direction shall be the Supreme Authority of the Association. This shall integrate a court of Spirits of Light, officially known as Spirit Protectors, who shall be under the superior and unique direction of our Lord Jesus. These Spirits are the ones who shall direct the works in general of the Association, principally scientific, philosophical, moral and spiritual, through medianimical communications.***"

The Constitution, as fascinating as it was, raised more questions than answers. I waited anxiously for the translation of the Minutes. The Minutes revealed in minute detail the inner workings of an organization in which the Board of Directors were a group of disincarnate spirits who communicated through executive mediums. In this brief article I won't divulge the contents of the meetings except to say that the recorded meetings were held weekly for 14 years and in each meeting the agenda was defined by serious problems and obstacles that faced the Union. As each and every problem was presented to the presiding Spirit Protectors, they gave advice and specific instructions that once implemented solved the problems they faced. The range of the problems, both sublime and mundane that these spirits solved is remarkable.

Is Filipino Christian Spiritism a model of the Early Christian Church? Are the healing gifts of the Filipinos derived from the same wellspring that Jesus, the Apostles and disciples drank from? Could it be that the spirit that inspires Filipino Christian Spiritism is the same that mystic Jewish prophets spent centuries in the deserts of Israel, Egypt, and the Trans-Jordan Valley perfecting their knowledge of? What is this perfected knowledge? Is it the perfected knowledge of the perfecting power that brings everything to fruition?

Lots of foreigners travel to the Philippines and Brazil hoping to become psychic surgeons. My teacher told me that in his opinion Christianity has traumatized the Western psyche to such an extent that it has made it impossible to teach them the true context from which these spiritual gifts emerge. The Filipino Christian Spiritists believe that the ultimate reason for the emergence of these phenomena is the Second Coming of the Holy Spirit. The healing and miracles are calling cards for something far more profound. Could the Avatar of the Piscean Age and the bridge to the Aquarian be an all pervasive invisible force that produces visible results? I will close with the words of Juan Alvear, the mentor and founder of the Union Espiritista. He concludes the introduction of his book *The Short Spiritist Doctrine* in saying: "*May the reader accept this, which I dedicate to you, because if you follow what has been written here you will realize when you are face to face with God how fortunate you are indeed.*"



Harvey Martin

Harvey Martin is a researcher, lecturer, a writer and publisher. He has published 4 books on Filipino Christian Spiritism, and republished 17 books that document the history of Western Aramaic Bible studies.



His book **The Secret Teachings of the Espiritistas** - *A Hidden History of Spiritual Healing* is a classic.

Harvey Martin produced three DVDs documenting oracular Christianity (reviewed in this issue of the Newsletter).

In a recently completed project, he digitally remastered 58 lectures of the late Dr. George M. Lamsa, pre-eminent scholar of the Aramaic Bible.

Harvey is a member of the board of directors of the Aramaic Bible Society and founder of The Aramaic Bible Center LLC.

Harvey Martin holds a degree in Traditional Chinese Medicine from the International College of Acupuncture, Colombo, Sri Lanka founded by the United Nations and WHO and practices in Europe.

He is an ordained minister of the The Church of Living Truth incorporated in Hawaii.

He can be reached at Metamind Enterprises P.O. Box 5154, Canton, GA 30114-0266 USA via phone (404) 272-3366 and via e mail at metamind@bellsouth.net A wealth of information can be found at his websites:

Metamind Publications - <http://www.metamind.net>

Aramaic Bible Center - <http://www.aramaicbiblecenter.com>

Christian Spiritism - <http://www.christianspiritism.com>

Healer of the Month

Nancy Reuben, M.D., M.Div.



Born of a medical family and married into one, Nancy Reuben is both a medical doctor as well as a practitioner of energy healing and spiritual counseling. Because of her dual training she is a forerunner of things to come.

Nancy began her education with a Fine Arts and Art History degree – with a penchant for watercolor painting. She said of that period that painting was a solitary experience that helped her to spend time with herself. A daily meditator since 1974, she started with TM and then Siddha. Gradually through meditation- an awakening occurred a few months after starting a meditation practice while watching a Maharishi Mahesh Yogi Video she had an inner knowing experience of what Maharishi was talking about.

Her rich inner life was on a parallel development with what became an intense outer life.

She received her medical degree from Harvard Medical School, and did her post graduate training in Pediatrics and Adolescent Medicine. She worked as an MD in difficult environments. As a staff physician at Montefiore Hospital in the Bronx, she was Medical Director of the Adolescent AIDS program.

In 1989, when her 2 children were small, Nancy left hospital medicine and a year later started working as a physician taking care of adolescents in drug treatment at Day Top Village, as well as working in the field of College Health where she is currently Medical Director of the College Health Service at the State University of New York at Purchase.



In her life, Nancy had two powerful health related experiences, open heart surgery and the loss of one kidney, where energy therapy played a major role in her complete recovery and education. She initially studied energy healing with Sara Rubin of The Phoenix and the Rose. She then connected with the teachings of Orin and DaBen, guides of high light channeled by Duane Packer and Sanaya Roman, founders of LuminEssence; and Athabaskar, channeled by RoseLight founder and channel, Amy Skezas. Since that time she has had a private practice in energy healing and spiritual counseling. She has also practiced energy healing at Leeway, an AIDS Nursing Home in New Haven.

She trained in several modalities of energetic bodywork, including Flow, Alignment and Connection™, and Physical, Atomic and Cellular Evolution™.

Nancy has multifaceted talents. She teaches meditation, and facilitates seminars on Self-Care and Self Empowerment Through Energy Awareness, Stress Reduction, Integrative Medicine and practices both as an MD and Energy Healer.

In 2005 Nancy was ordained an Interfaith Minister, and received her Masters of Divinity.

She is currently preparing a CD set of a live seminar for release through RoseLight.

To contact Nancy Reuben, M.D. at Shoreline Center for Wholistic Health 35 Boston Commons Guilford, CT 06437 call (203)453-9919 or email at nancyreu@gmail.com

Interview

Nancy Powell, MD



ER. Nancy Powell, you are one of the pioneering MD's that have crossed over from a conventional medical practice to an alternative energy practice. This January you have started to work at The Center for Integrative Medicine in Richmond Virginia. What made you leave a successful conventional practice?

NP. It took many years for me to actualize the knowledge that I had to follow my heart. This decision was the culmination of a process that started thirty years ago.

ER. When did you know you were meant to be a healer?

NP. For most of my life I have known that I have an innate ability to help people. While raising my family, I completed an undergraduate degree and a Master's degree in Social Work. Then at age 43, I enrolled in medical school. After completing my residency, I began practicing as a family medicine physician.



ER. In retrospect, you were not satisfied with conventional medicine. When, how did you realize that? What attracted you to "alternatives"?

NP. During my years of practicing family medicine, I observed the effect of the impact of my patients' physical and emotional conditions on their well-being and energy. It was clear to me that although traditional medicine offers technology and resources that are essential to care of patients, true healing requires an understanding of the whole person, especially the configuration and utilization of their energy systems. Yet because of my scientific, intellectual orientation to medicine, for many years I felt like I had one foot on the dock and one foot in the boat. The boat was drifting away from the dock, and I couldn't figure out whether to stay on the dock, jump in the boat, or fall into the water.

ER. How did you develop a working knowledge of Energy Work?

NP. In 1988 I began training with Caroline Myss and Norm Shealy, M.D. on the mind-body-spirit connection, the human energy system and healing. I also trained with Rev. Rosalyn Bruyere and Christine R. Page, M.D. (see links at end of paragraph).

Especially illuminating was an intuitive reading on me by Caroline Myss in 1988 telling me that I had damage at the energetic level of my heart. She said that if I didn't practice medicine and live from the truth of my heart, the damage could move to an electrical and physical level. And in fact as I struggled with the split within me, I developed an aberrant pathway in my heart, resulting in an arrhythmia. I just couldn't see my way clear to a practice that allowed me to bring all of myself into it. I became a part of the traditional corporate healthcare world and the demands to 'produce' increased.

<http://www.myss.com/>

http://www.selfhealthsystems.com/mm5/merchant.mvc?Screen=NS&Store_Code=SHS

<http://www.rosalynbruyere.org/>

<http://www.christinepage.com/>

ER. Your experience is reminiscent of that of Dr. Geerd Hammer of the New German Medicine (reviewed in the February issue of the Newsletter). It was his dramatic life experience that put him on the alternative path. How fascinating...

NP. A turning point came for me in 2003 with the culmination of years of practicing traditional medicine and learning an integrative approach which came into play when one of my daughters gave birth to a baby who had a heart defect that required a huge surgery within minutes after he was born. Joshua made it through the surgery, but as the days and weeks went by and he developed first bacteria and then yeast in his blood, it became literally a minute to minute effort to keep him alive. When he was about six weeks old, I went in one morning and looked at him and realized that he wasn't going to make it through the day. Then three of my daughter's doctors told me they had never had a baby survive his condition.

In that moment I put aside any concern of who knew I was as a doctor and what they thought about me, and opened myself totally to be a channel of God's healing. After anointing Joshua with oil, I began doing healing on him and from that morning until that night, his condition turned around completely. He went from the highest level of Intensive Care at Children's' Hospital of Philadelphia to home in two weeks.

ER. This is what most people would call a miracle.

NP. Indeed. As I opened myself for that healing, I finally said, "OK God, I'll do your work, but You need to show me a way that makes sense to me." Within a short time, all the training came together in a way that allows me assess a person's energy system on the collective, soul, and physical levels and present it in a way that is useful and understandable.



ER. This is a fascinating course of events! So, from this heartfelt understanding you decided to expand your practice to include energy?

NP. Not right away. There were several more instances in which destiny intervened. Still I continued to work for a corporation and still I continued to feel the split widening in me for a while. The breakthrough came in September of 2007. I went on a trip with my sister in London, England. As it happened, while I was there, Caroline Myss was presenting a workshop based on her book **Entering the Castle**, and I had the good fortune to attend it. Caroline's message was about accepting Grace and Walking in Service. As her words always do, they stuck straight into my soul, and as had happened in the past, something deep within me changed. My gratitude to Caroline for bringing her teachings into the world and to me is boundless.

As the weeks passed, the situation in my practice began becoming more and more difficult to manage. Add to that an automobile accident at the end of October which sent me into physical therapy, and a work contract that was expiring at the end of December.

ER. It feels like a wake-up call!

NP There were some synergies. In November a friend who has known me for a long time was visiting. As we sat and talked, she said to me that she has been waiting for years for me to blossom and open myself to truly using my healing gifts. I was launching into my 'need a retirement fund, etc.' rant when the phone rang. It was a psychologist friend that I have known for many, many years and had not talked to for several years. He said he is doing some work at a Center of Integrative Medicine and they were looking for a female physician. I gave him my same speech, but took the phone number of the Center. The next time I went to physical therapy, I realized it was in the same building. I decided that rather than call, I would go in and introduce myself. As I told the receptionist my name, the medical director came out and said he had just left me a message.

The corporation didn't give me my new contract until December, and when I showed it to my lawyer, she said that along with the other changes such as being on call every night, I would be crazy if I signed it. Still I rode on the pride that said I could manage anything and tried to think of a way to make it work. Then a health scare (which turned out to be fine) took me to my knees. In that moment I cried out (sobbed actually) that I couldn't do it this way any more. I told the corporation I wasn't signing my contract, and although I offered to stay for six months to make the transition with my patients and staff easier, they closed the practice in two weeks.

ER. It feels almost like you fought with yourself. That life was placing you on a stage extrapolating your inner struggles. That was courageous.

NP. What it takes for Grace to come pouring in, is that first step in faith.

At the end of January I agreed to begin doing integrative medicine at the Center. As it turned out, I was also asked to teach first year medical students in the fall. Then because of a physician going out with illness, they called two weeks later and asked if I could begin right away. Although that has seemed like a vertical learning curve, I believe that there are things that medical students should learn that probably aren't often being taught. Working in the Center feels like exactly the right place for me to be. It has taken me a very long time to actually take this leap of faith, but so far the ride has been wonderful.

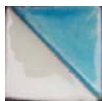
ER. Thank you Nancy, for your heartfelt story. I believe I speak for many in the Energetic Community, in wishing you much luck in your practice.

*

Nancy Powell can be contacted at her new workplace website:

<http://www.centerofintegrativemedicine.com/CIM/index.php>

Ed.



Book Review

The books reviewed in this issue are perhaps the foundation books that establish the scientific validity of Spiritual Healing (as in Therapeutic Touch, Reiki, prayer healing, etc.).

They are written by a very dedicated doctor, one who started, in his own words as "extremely skeptical". Fortunately for us, Dr Daniel J. Benor (see biographical note and links at the end of the section) took his time and allowed the evidence to take him where it may.

The result is an encyclopedic body of work that constitutes a basis for all further research in Energy Therapy and Spiritual Healing. There are popular and professional editions for each of the books – the professional edition being more factual and the popular more descriptive. Its not in the scope of this Newsletter to give a complete review – we can only point to this incredible amount of high quality information. The e-links below the books contain detailed descriptions of the content.

Like all men of genius, when talking to Dr Benor, large amounts of information and substantiated authoritative statements make it difficult to sort. All are important. His websites are repositories of teachings, vast knowledge and professional practice (A link at the end of this section).

*

Healing Research: Volume I, (Popular edition) Benor, Daniel J.

Spiritual Healing: Scientific Validation of a Healing Revolution, Bellmawr, NJ: Wholistic Healing Publications 2007 (Orig. 2001)

Healers describe their work, research in parapsychology as a context for understanding healing. Includes brief summaries of 191 randomized controlled studies, qualitative and pilot studies.\

www.wholistichealingresearch.com/HealingResearchVolume1.html

Healing Research: Volume I, (Professional Supplement) Benor, Daniel J..

Spiritual Healing: Scientific Validation of a Healing Revolution, Southfield, MI: Vision Publications, 2001.

Contains only the annotated, critiqued 191 randomized controlled studies, the qualitative and pilot studies - described in much greater detail, including statistical information.

www.wholistichealingresearch.com/volume1professionalsupplement.html

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Healing Research, Volume II: (Popular edition) Benor, Daniel J.

How Can I Heal What Hurts? Wholistic Healing and Bioenergies, Bellmawr, NJ: Wholistic Healing Publications 2005 ISBN 0-9754248-3-1

Popular edition explains self-healing, wholistic complementary/ alternative medicine (CAM) and bioenergies, and discusses ways in which you can heal yourself.

www.wholistichealingresearch.com/HealingResearchVolume2.html

Healing Research, Volume II: (Professional edition) Benor, Daniel J.

Consciousness, Bioenergy and Healing Bellmawr, NJ: Wholistic Healing Publications 2004. ISBN 0-9754248-0-7



Thorough review of research validating the efficacy of self-healing, wholistic complementary/ alternative medicine (CAM), biological energies, and environmental interactions with bioenergies.

“Book of the Year” award - The Scientific and Medical Network, UK Paperback, CD-ROM or e-Book of Consciousness, Bioenergy and Healing .

www.wholistichealingresearch.com/HealingResearchVolume1-Pro-Ed.html

*

Healing Research, Vol. 3 Benor, Daniel J.

Personal Spirituality: Science, Spirit and the Eternal Soul Bellmawr, NJ: Wholistic Healing Publications (November 2006)

Research confirming OBE, NDE, reincarnation memories, benefits of religious affiliation and practice with health, and ways to confirm through research the validity of participatory intelligent design.

www.wholistichealingresearch.com/healingresearch%20-%20volume3.html

Reaching Higher and Deeper Workbook for Healing Research, Volume 3:

Personal Spirituality Bellmawr, NJ: Wholistic Healing Publications 2007 ISBN 978-0-9754248-9-6

<http://www.wholistichealingresearch.com/V3WB.html>

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WHEE Workbook – for practitioners (see description of procedure in biographical note below).

<http://www.wholistichealingresearch.com/WHEEWorkbooks.html>

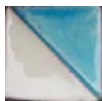
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Daniel J. Benor, MD, ABHM, is a wholistic psychiatric psychotherapist who blends in his therapy elements from intuitive and spiritual awareness, spiritual healing (as in Reiki and Therapeutic Touch), WHEE - Wholistic Hybrid derived from Eye Movement Desensitization and Reprocessing (EMDR) and Emotional Freedom Technique (EFT), transactional analysis, gestalt therapy, hypnotherapy, meditation, imagery and relaxation (psychoneuroimmunology), dream analysis, and other approaches.

Dr. Benor has taught this spectrum of methods internationally for 25 years to people involved in wholistic, intuitive, and spiritual approaches to caring, health and personal development.

Dr. Benor founded The Doctor-Healer Network in England and North America. He is the also the author of many articles on wholistic, spiritual healing. He is the editor and publisher of the peer reviewed International Journal of Healing and Caring - On Line www.ijhc.org and moderator of www.WholisticHealingResearch.com , a major informational website on spiritual awareness, healing and CAM research.



He appears internationally on radio and TV. He is a Founding Diplomate of the American Board of Holistic Medicine, Founder and Immediate Past Coordinator for the Council for Healing, a non-profit organization that promotes awareness of spiritual healing, and for many years on the advisory boards of the journals, Alternative Therapies in Health and Medicine, Subtle Energies (ISSSEEM), Frontier Sciences, the Advisory Council of the Association for Comprehensive Energy Psychotherapy (ACEP), Emotional Freedom Techniques (EFT) and the Advisory Board of the Research Council for Complementary Medicine (UK), Core reviewer for BioMed Central, Complementary and Alternative Medicine – On line.

I asked Dr. Benor in a telephone interview a few questions for our readers, and here is a brief summary:

ER. Dr Benor, after immersing myself in your work, I could not stop thinking what is next. What other projects are you developing now?

DJB. A book on *WHEE for Pain* will be published in August this year. It describes a method that works so simply and elegantly that in 10 minutes a person could change what bothers them, pain or limiting beliefs. A *Volume 4 of the Healing Research* series will be published in the future, describing the end of Newtonian Medicine as we know it. Physicists already have the understanding that matter and energy are two sides of the same thing. Also, this summer, I will publish an article about the *Pain Body of Eckart Tolle*- a missed possibility of treatment. Somewhat down the road will be a book of vignettes on people who died from medications properly prescribed, titled *Spoon River Revisited*.

ER. Among the people interested in energy you studied, who impressed you most?

DJB. Olga Worrell, Oscar Estebany, and medical intuitive Wendy Hurwitz, among others. I would also mention Bernard Grad, who studied Estebany, and Lawrence LeShaun in New York, an original skeptic who developed his own healing abilities. His pioneering book **The Medium, the Mystic, and the Physicist** is a must read.

http://www.amazon.com/Medium-Mystic-Physicist-General-Paranormal/dp/1581152736/ref=sr_1_1?ie=UTF8&s=books&qid=1208903159&sr=8-1

ER. Could you tell us a little about your teaching programs?

DJB. I teach experientially. This way, students know through experience the truth connecting worlds around us. I advise them to learn to trust their intuition. In our modern world, one has to teach consciousness that we are part of the environment and that the environment is part of us. All healing is self healing. Healing ourselves is healing the planet.

Dr. Benor can be contacted by email (preferred) or phone as listed at the bottom of the home page of his extensive website. The round buttons at the top of the web page are links to most facets of his public persona. Please take your time in exploring. You will be richly rewarded.

Ed.

<http://www.wholistichealingresearch.com>

DB@WholisticHealingResearch.com
609-714-1885



DVD Review

The Gifts of the Spirit

The Life and Spiritual Teachings of Reverent Antonio Agpaoa

Copyright Metamind Productions 2005

Reverent Agpaoa was a shaman born with supersensible powers who turned Christian Reverent. He is a prime example of cross fertilization. His shamanic knowledge of Spirit helped him rediscover the way to interface with the Holy Spirit. Some of his profound books are found on this website's offerings.

<http://www.metamind.net/DVDGifts.html>

Christian Mediumship Training

Understanding the Basics

Copyright Metamind Productions 2005

Harvey Martin through his photos and narrative brings us into the midst of group ceremonies in a Filipino Christian Spiritist Church, where mediumship and "fluid" dispensation are the outcome of training supersensible faculties.

<http://www.metamind.net/DVDmediumship.html>

Psychic Surgeon of the Philippines Rev Alex L. Orbito

Tao Video Productions 1985

This is one of the first DVD's to present graphic footage of the psychic surgeon's work in the context of his church in the outskirts of Manila. One can see the first footage of the Sacred Cave of the Espiritistas- where Rev Orbito practices meditation, concentration and prayer.

<http://www.metamind.net/psysurg.html>

Announcements

This Newsletter is being emailed the 3rd week of every month.

Deadline for submitting copy, material, announcements and other contributions, is the 15th day of the month.

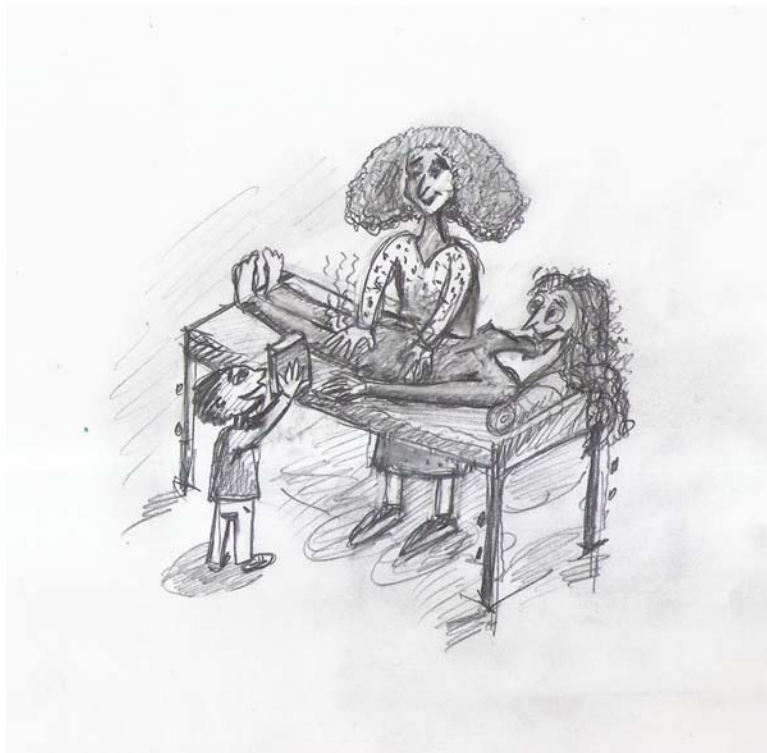
E mail material to Abaraschi@aol.com mentioning Newsletter in the email title.



Credits

Harvey Martin, GA; Nancy Rueben CT; Nancy Powell VA; Daniel J. Benor, NJ; Linda Fairburn, Ontario, Canada; Peace Arnold, NY; Paula Conner OR ; Anton Baraschi NY.

El Rincon Ha Ha



**Mommy, mommy, the microwave broke!
Could you energy pop the corn please.....**
