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**Editorial**

**Photographs- frozen blinks from a continuum**

Spirit photography is attempting to capture the fleeting experience and phenomena of a transitory nature such that we could refer to them again and again. What are we looking at? They are no proof of anything. We, as onlookers, may ask first if what we see was doctored, we then look skeptically at shadows that challenge our rational mind into “maybe’s”. We crave that proof, that icon on an altar. We go as far as to draw what we can’t preserve or express. The few talented and persevering people occupying themselves with this subject succeed in opening windows into the crossover. The physical interventions at the Casa de Dom Inacio would not have as profound an impact without photographic records. Dr Fritz’s mediums- Jose Arigo, Edson Queiroz, Ruben Faria- all were photographed. A classic Kirlian photograph shows the energy shape of a full leaf while the subject has been cut in half. We are lucky today to have access, via the internet, to the collective repository of information. So, thanking our contributors, let’s embark into peeking at the beyond within. There are the moments of Joao’s incorporation, the blurry spirit photos, halo’s around the heads of two of the greatest mediums ever. The threshold itself, the blurry line within, similar to the inner shifts between states of consciousness, between sleeping and awake, between awake and meditating, perhaps is being photographed.

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E mail entries to [Abaraschi@aol.com](mailto:Abaraschi@aol.com) or via regular mail addressed to: Anton Baraschi, 9 Farm Lane, Spring Valley N.Y. 10977

**Editor**

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## News and Links

**Bengston Healing Technique Workshop**, presented by founder Bill Bengston, PhD and Suzanne Clegg, RD, LAc  
Friday November 7th, 7:00-9:00 pm and Saturday & Sunday November 8, 9th, 10:30 am -- 5:30 pm  
Blue Firmament Holistic Center, 202 Merrick Road, Rockville Centre, NY To register: call Suzanne Clegg (516) 823-2511. The cost is approx \$300  
[http://www.spiritgate.com/Spirit\\_Gate/Acupuncture\\_%26\\_Sound\\_Healing.html](http://www.spiritgate.com/Spirit_Gate/Acupuncture_%26_Sound_Healing.html)

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**Al Gore's Organization- We Can Solve It-** great videos- great environmental programs:  
<http://www.wecansolveit.org/content/videos>

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**New York Times – Burnout of Medical Students-** a pattern being perpetuated:  
<http://www.nytimes.com/2008/10/31/health/chen10-30.html?ref=health>

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**The New England Journal of Medicine** published pictures created by **schlieren photography**, which “takes an invisible phenomenon and turns it into a visible picture- see picture of "Cough"  
<http://www.nytimes.com/2008/10/28/science/28cough.html?ref=science>

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## Feature Article

### Color and Light Therapy

by Janet Lynn Roseman Ph.D.

Color and light therapy has its roots in ancient medicine although its historical and medical implications have not been fully documented. The physician and disciple of Aristotle, **Avicenna**, (980-1037) wrote in the **Canon of Medicine** about his use of color therapy as a diagnostic tool with patients. Historically, color and light therapy was practiced in ancient times in healing sanctuaries physically designed to accommodate the sun's rays in which patients rested in private rooms draped with cloths of various hues to promote healing. Ancient Egyptians documented cures using color remedies for specific diseases. The **Nei Ching**, a Chinese medical text compiled over 2000 years ago, and the foundation for acupuncture, records specific medical protocols ascertained by color diagnosis.

[http://library.wellcome.ac.uk/doc\\_WTX023437.html](http://library.wellcome.ac.uk/doc_WTX023437.html)  
[http://en.wikipedia.org/wiki/Huangdi\\_Neijing](http://en.wikipedia.org/wiki/Huangdi_Neijing)

Knowledge about the therapeutic value of color and light therapy has informed contemporary science through the ground-breaking work of several scientists. **Dr. Thomas Dougherty** at the **Roswell Park Cancer Institute** uses



**Photofrin** in combination with red light. **Photofrin** is injected as this light sensitive drug identifies cancerous tumors which he destroys by light therapy. **Dr. Hugh McGrath Jr.** has been researching the use of light therapy at the **Louisiana State University School of Medicine** to diminish symptoms of lupus by using a light box with his patients.

<http://en.wikipedia.org/wiki/Photofrin>

<http://clinicaltrials.gov/ct2/show/NCT00004375?recr=open&cond=%22Ultraviolet+Rays%22&rank=2>

During the 1870's, the popular "**Sun Cure**", therapeutic exposure to sunlight, influenced research decades later into the use of light therapy for Seasonal Affective Disorder. Early surgical suites utilized ultraviolet lights to reduce air-borne bacteria. The founder of **Spectro-Chrome therapy** (using colored light on the body) was discovered by **Dr. Dinshah Ghadiali** who established an Institute for medical training in 1920. In 1933, he wrote the **Spectro-Chrome Encyclopedia**, considered the definitive medical text for diagnosis and treatment using color and light. One of his students, **Dr. Kate Baldwin**, practiced **Spectro-Chrome therapy** at the Woman's Hospital in Philadelphia, Pennsylvania. In 1927, she published "**The Therapeutic Value of Light and Color**" in the **Atlantic Medical Journal** citing compelling evidence for the use of color and light therapy. *"I have given close attention to the action of colors in restoring the body's functions, and after thirty-seven years of hospital and private practice in medicine and surgery, I can produce quicker and more accurate results with colors than with any or all other methods combined-and with less strain on the patient."*

<http://www.dinshahhealth.org/>

<http://www.wrf.org/men-women-medicine/kate-baldwin-md.php>

My own work in spectra-immunology is based on Color-Puncture, Acupuncture Theory and Energy Healing. After a diagnostic session with patients, this non-invasive technique of applying light on selected meridian points and tumor sites on the body is determined. The choice of colors of various hues and frequencies of light (and acupuncture points) vary according to the patients needs. Painless and relaxing, it does not interfere with any co-existing medical protocol and has not shown side-effects.

The initial research has indicated that color and light has proven effective in the reduction of common problems that cancer patient experience including side effects from radiation and chemotherapy; nausea, vomiting, anemia, pain,[in general], and [port pain], in particular and I hope to focus a future research study on pain management with cancer patients. I have noticed that color and light treatments have also reduced edema and promoted wound healing. Color-Puncture is based on the theories of acupuncture and **Dr. Mandel** was greatly influenced by the research of **Dr. Fritz-Popp** whose biophoton research proved that cells of the body emit biophotons representing a regulating energy field that encompasses the entire body and have essential influences on biochemical and hormonal processes. **Dr. Mandel** believes that *"Normal living cells of the body emit a regular stream of photons indicating that there is light in a living cell. If we assume that the healthy cells of the body have a harmonious, uniform quality of light flow, then it is logical that sick cells must have a disharmonious flow of photons."*

<http://www.colorpointinstitute.com/petermandel.htm>

The use of color and light operates via the skin and picks up light (like our eyes) to transmit color impulses inside the body since each color has its own frequency and therapeutic effect. In 1989, research at the **Institute for Clinical and Experimental Medicine** in Russia proved that existing channels for light in the human body correspond with acupuncture points. This "cell theory" whereby light is communicated via cells of the body has formed the basis for color-puncture.

One of the most significant cases that I have worked with was a patient who had cancer and was undergoing radiation treatment after several cycles of chemotherapy. She was so ill during one session that she literally had to



be carried by her daughter and myself onto the treatment table. Her pallor was ghostly and her eyes were dull and she had a severe vomiting episode just before she came to the office. After an application of color and light therapy of various hues, applied to her stomach, gastro-intestinal tract and her head, she was able to lift herself off the table and I was amazed (as her daughter was), that her face had full color back. She told me that she felt as if "I have myself back," and was noticeably more buoyant and you could see the energy in her body. She told her daughter that she wanted to go out and eat something and she walked out of the office unaided.

Another patient was an elderly man who had bladder cancer. He was on a myriad of medications for pain, sleep, anxiety, etc. He also was anemic, but his most severe problem was that he was very depressed and told me he felt like he couldn't think clearly. After two treatments, in which he was treated with applied light and color on the side of his neck, feet, hands and head, he called me at home to tell me that the pain had improved, the stiffness he was having in his body had vanished and what he called "a great sense of buoyancy." I was thrilled. He left a long message on my phone and told me that; *"for the first time in a long time, he wasn't depressed and noticed an uplifting of his spirits and that the pain medication that he felt had fogged his thinking and now, he felt a greater clarity to his thinking and observations and felt as if the fog had been removed."* I offered to speak with his oncologist and send her information on the work or just speak with her, but she refused. This patient called me the following week to tell me that his physician didn't want him to see me anymore and that she increased his pain medications. This is indicative of the degree of acceptance this alternative method has in conventional medicine.

I have worked with a lot of very ill people, people who suffer from a variety of problems, but the most rewarding is when I am working with someone who has severe pain, or cannot go to the bathroom. Now, these things may seem trivial, but once you encounter the amount of suffering and I might add, the courage that I have witnessed in people with cancer, one's opinions may change. The fact that this therapy can bring relief, small or large to anyone who is in anguish is extremely encouraging.

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**Janet Lynn Roseman PhD.** worked as Clinical Instructor in Family Medicine at Brown University Medical School from 2002-2008. She specializes in teaching Spirituality and Medicine curriculum. Dr. Roseman has a practice of long distance healing work combining energetic work with color and light therapy and Reiki. She is a Reiki Master and has studied shamanic healing techniques and various energetic healing systems. Dr. Roseman is the author of "Dance Was Her Religion: The Spiritual Choreography of Isadora Duncan, Ruth St. Denis and Martha Graham", "The Way of the Woman Writer", "Dance Masters: Interviews with Legends of Dance", and has contributed to several books including: "A Time for Listening and Caring: The Role of Spirituality in the Care of the Chronically Ill and Dying".

Dr Roseman is currently writing several books on death, grief and transformation including: "The Death Wisdom Book: Opening the Lens to Death and Transformation". She is interested in aligning herself with others who seek to create holistic methods of healing in tandem with allopathic medicine. Janet Lynn Roseman can be reached at [Dancejan@aol.com](mailto:Dancejan@aol.com) for further information.

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*I spoke with Dr. Roseman recently and asked her a few questions relating to her practice of the healing modality described in this article. She graciously responded:*

*ED*

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*ER. Janet Lynn, what attracted you to study Color and Light Therapy?*

**JLR.** I was drawn to color and light therapy after my mother was diagnosed with cancer. In my search for a non-invasive therapy to offer her relief from suffering, I became certified as a Reiki Master. I also studied with the Co-Director of **The Esogenic Colorpuncture Institute**, who was trained by the inventor of Color-Puncture. This medical protocol created by German scientist, **Dr. Peter Mandel** is based on acupuncture using color and light instead of needle insertion. I have worked in my practice, with many people with cancer and I feel privileged that I can be a conduit for offering some relief to their suffering. I have witnessed human suffering over the years and feel it is my mission to educate physicians and health care workers about the efficacy of this non-invasive form of therapy. My mother passed away after a courageous struggle with cancer and the fact that this work helped alleviate her pain is perhaps my proudest achievement. My mom will always be my best friend.

*ER- Are you practicing Color-puncture?*

**JLR.** The work I do is called **Spectra-Immunology** since I also integrate my energetic studies. I believe that the body's wisdom is a necessary component for all healing therapies. I also believe in the sacredness of healing work, and believe that any positive outcome that is produced comes *through* me, but *I am not* the healing mechanism, only the messenger. I hold the opinion that any healer who claims that he or she is responsible for healing is perhaps misinformed. I would like to see a return of the sacredness of healing to the medical system and a system that does not victimize people who are ill, but seeks to heal, and empower them in the process of therapeutics.

*E.R. Janet Lynn Roseman, Can you tell us a few words about your upcoming book, "Death Wisdom Book: Opening the Lens to Death and Transformation"?*

**JLR:** Sure. After my mom's passing, I read everything I could in the grief literature and frankly, I didn't find anything helpful to me so I decided I would write what I needed to know, or to learn. I thought that if there was a book that had essays from different points of views including essays by physicians, psychologists, Jungian types, healers, shamans, mediums, spiritual leaders along with sacred texts on death and the afterlife, that perhaps it would bring me some peace or open up the doors to thinking about death and the after life from a different perspective. I wanted to give people who have lost someone they loved not only comfort, but new points of view to consider. I hope it will help ease their suffering. The grieving process is not for the timid.

*ER. Thank you Janet on behalf of our readers and we wish you much luck in your ventures.*

**JLR.** Thanks for including me, I appreciate that so much!

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## **Healer of the Month**

**Edmund L. Gergerian MD**



**Edmund L. Gergerian MD** is the Chief Psychiatrist at the **Staten Island Developmental Disabilities Services Office**, an attending psychiatrist at the **New York Armenian Home**, Flushing, New York with a part time private practice limited to Psychiatry, Energy Work and Consciousness Coaching. His interest and training in a broad range of alternative healings, complementing his classical training, gives him a unique perspective and strength in this area. Following our interview below is his detailed curriculum vitae.

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*In a telephone interview we asked Dr Gergerian a few questions and here is a synopsis:*

*ER. Dr Gergerian –what prompted you to seek energy work?*

**ELG.** It has been a very slow, but natural and smooth progression. In the seventies and eighties, I was using most of the traditional therapeutic modalities ranging from Individual psychodynamic and insight oriented **Psychotherapies** to **Family Therapy, Biofeedback, Systematic Desensitization, Cognitive Behavior Therapy (CBT), Stress Inoculation Training (SIT), Pharmacotherapy** and even **Electro-Convulsive Therapy (ECT)** in highly selective treatment resistant conditions. In the early nineties, **EMDR, the Eye Movement Desensitization and Reprocessing** method opened the door to Information Processing, right brain- left brain therapeutic modalities.

After studying **Meridian-based Therapies** such as **Thought Field Therapy (TFT), the Callahan Techniques, Emotional Freedom Technique (EFT), Tapas Acupressure Technique (TAT)** and many others, I started feeling energy between my fingers and my patients during these procedures. This was an amazing experience!!! It was a “WOW” and a big “AHA” moment. Until then, I was considering myself an “energetically constipated” psychiatrist. This AHA experience increased my passion for studying even more in depth energy work. I have used the bilateral acupuncture meridian energy points to combined **EMDR** and **EFT** in 1999, integrating them into the “**Tactile Alternating Bilateral Energy Reprocessing**” **TABER Techniques** and presented it to Soviet Academics at the National Institute of Health in Yerevan, Armenia.

*ER. What modalities attracted you the most and why?*

**ELG.** A friend of mine, **Dr Robert A. Kantarjian**, a Chiropractor who is also a gifted trainer in **Advanced Energy Healing** introduced me to the Chakra system, and walked me through the **Universal Energy Field** from the Physical Level to the Auric Field Level (energy carrier vehicle), to the Haric Level (intention/purpose) and then to the Core Star Level (divine essence/creative energy source) [www.drrobertkandarjian.com](http://www.drrobertkandarjian.com) .

I could not help bring the researcher within me to evaluate these various systems! Using my **Medical Radiesthesia/Dowsing** skills, I used my pendulum to develop an eleven point rating scale (0-10) to measure the various variables in the Chakra level, the Haric Level and the Core Star Level. I patiently took these measurements in many patients and I started correlating the findings with their psychiatric diagnosis using the criteria described in the **DSM-IV-TR (Diagnostic and Statistical Manual of Mental Disorders Text Revision Fourth Edition)**. Moreover, I used the pendulum to identify and measure changes that occurred before and after Energy sessions. I found a new way of monitoring the progress using various therapeutic modalities!



In 2002, synchronicities, coincidences led me to **Peggy Phoenix Dubro**, the originator of the **EMF Balancing Technique (EMFBT)**, a profound yet simple energy balancing system that is currently taught and practiced in over 70 countries. She is also the primary spokesperson of the **Universal Calibration Lattice (UCL)**. I have been fascinated by the architecture and the dynamics of this new system in the energy anatomy. My concepts of the human being have evolved from the traditional bio-psychosocial approach into a model of holographic human with a continuously evolving consciousness. My patients/clients have become co-creators and from psychiatrist/psychotherapist/energy practitioner/healer I have become a Consciousness Coach honoring the continuously evolving Holographic Human...

*ER. Would you consider making a presentation of the **EMF Balancing Techniques** for our readers in an upcoming issue of the Energetic Rejuvenation Newsletter?*

**ELG.** I certainly would consider making a presentation of the **EMF Balancing Techniques** for your readers in an upcoming issue of the Energetic Rejuvenation Newsletter and with great pleasure.

*ER. Dr Gergerian what plans have you for the future?*

**ELG.** My plans for the future are many:

1. Teach the **Universal Calibration Lattice (UCL)** and the **EMF Balancing Technique (EMFBT)** privately and at the University level.
2. Continue my explorations of the various sound frequencies within the **Universal Calibration Lattice (UCL)**. Using the tuning forks of the old Solfeggio frequencies, I have enhanced the energy meditations of the **Universal Calibration Lattice (UCL)**.
3. After studying the **Universal Calibration Lattice Tai Ji (Tai Chi)** with **Andieas Danata** [www.danata.de](http://www.danata.de), I discovered the sound frequencies that correlate with the Tai Ji (Tai Chi) and Qi Gong movements used with the Lattice. I am developing an acoustic energy semantic system that is facilitating, enhancing and accelerating the evolution of Consciousness. I am now using **TABER** Techniques adding tuning forks. My next step is to prepare a manual for teaching this newly emerging consciousness sound technology.

*ER. Dr Gergerian we are wishing you much success in your ventures.*

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Dr Edmund L. Gergerian could be contacted at this address: 64-23 Woodhaven Boulevard Rego Park, New York 11374-5051 USA. Telephone: Office : (718) 896-5435 Fax: (718) 997-6284 & e-mail: [prosopon@earthlink.net](mailto:prosopon@earthlink.net)

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Dr Gergerian is licensed to practice medicine and surgery in New York, License #118203.

Classically trained in Cairo Egypt, Dr. Edmund L. Gergerian after coming to the US, has completed his pathology fellowship at **Albert Einstein Medical Center Philadelphia, Pa.**; the internship at **West Jersey Hospital**, his psychiatric residency: **Thomas Jefferson University** where he was a chief resident. He also completed a research fellowship in clinical psychiatry at **SUNY Downstate Medical Center**.

Attracted to alternatives since 1992, he trained in **Eye Movement Desensitization and Reprocessing (EMDR)**, Level I and II; Thought Field Therapy (TFT) Level I, II and III; **Emotional Freedom Techniques (EFT)**; **Tapas Acupressure Technique (TAT)**; **Be Set Free Fast (BSSF)**; **Medical Radiesthesia**: Level I, II and III; he completed advanced teacher's trainings and the practitioner accreditation in the **EMF Balancing Technique**, Phases I-XII; **The Reconnection: Reconnective Healing** Level I, II and III; **Total Body Modification (TBM)**; **BioGenesis**



**Advanced Training;** and a continuing education in **Homeopathy (The Renaissance Institute of Classical Homeopathy)**. He has also studied Basic and Advanced **Pranic Healing; Pranic Psychotherapy; Pranic Crystal Healing; Superbrain Yoga; Medical Aromatherapy;** and **SomaEnergetics** (sound healing) Level I and II. He has integrated many of these alternative modalities into a unique sound therapy system with the use of tuning forks, based on acoustic energy semantics. Dr. Gergerian is currently a teacher of the **EMF Balancing Technique** and an instructor in **UCL Tai Ji (Universal Calibration Lattice Tai Ji)**.

Dr Edmund L. Gergerian held various positions at the **South Beach Psychiatric Center**, where he eventually became Clinical Director of the South Richmond Service. He was a Chief Medical Officer at the Kingsboro Psychiatric Center, Secure Care Units and is currently the Chief Psychiatrist at the **Staten Island Developmental Disabilities Services Office**.

A member of several committees (16), a special consultant for difficult cases, Dr Gergerian is also a member of (13) professional organizations.

Dr Edmund L. Gergerian has an extensive research experience on subjects such as: Studies on Facial Expressions, Differentiating Mania from Schizophrenia, Minimal Brain Dysfunction (MBD) Scales in Adults, Posttraumatic Stress Disorder: Genocidal Trauma Research, Developing Links between Energy-based Psychotherapies and EMDR, Tactile Alternating Bilateral Energy Reprocessing (TABER) Technique, Morphological Prosopology, Myological Prosopology, Psychological Prosopology and Structural Semantic Prosopology in Social and Clinical Settings.

Dr Edmund L. Gergerian is an author of several professional publications:

**"Facial Morphopsychology"**, in The Kinesis Report Vol. 3 Number 21 1980 pp. 8-9

**"Expressions Faciales dans la Manie et la Schizophrénie"**. Ann. Méd. Psych. 137 80-81 1979

**"Eye Movement Desensitization and Reprocessing"** (Chapter in: Disaster and Mass Trauma by Anie Sanentz Kalayjian, Vista publishing, 1995.

**"Diagnostic différentiel de la Manie et de la Schizophrénie par la Morpho-Prosopologie"**, La Revue de Morphopsychologie, April 2003, 2, 34-44

and a co-author in **"Atlas of Facial Expressions, Album des Expressions du Visage"**, Paris 1978 La Pensée Universelle (Bilingual Facial Atlas)

**"Coping with Ottoman Turkish Genocide: An Exploration of the Experience of Armenian Survivors"**. Journal of Traumatic Stress, Vol. 9, No. 1, 1996, p. 87-97.

An international guest speaker, Dr Edmund L. Gergerian has made presentations at various Institutions in NYC, Philadelphia, Montreal (Canada), Paris (France), Washington, DC, Yerevan and Leninakan (Armenia), Stepanakert (Nagorno Karabakh) and also on **"Facial Expressions in Mania and Schizophrenia"**, presented at the First Historic Joint Meeting of the **American Psychiatric Association** with the **Société Médico-Psychologique**, Paris, France, May 12-18, 1978, and at the Tenth Biennial Divisional Meeting of Area II **American Psychiatric Association** November 5, 1978, New York, N.Y. Summary of same paper presented at the 70th Annual Convention of the Eastern Communication Association, Philadelphia. Pa. May 1979; lastly **"The Face as an Expressor of Inner Psyche"** at **South Beach Psychiatric Center** (1980)

A humanist with a deep interest in human rights Dr Edmund L. Gergerian participated in panel discussions on genocide

**"The Impact of Genocide and Other Human Rights Violations on Armenians: Yesterday, Today and Tomorrow"**.and **"The Impact of Ottoman Turkish Genocide Eight Decades Later"** in Philadelphia and Washington, DC (March 95), New York (April 95). He has participated in missions of mercy, trips to Soviet Armenia, following the Armenian Earthquake in Yerevan, Spitak and Kirovakan in Soviet Armenia: April 1989 (Earthquake Zone) and Yerevan and Leninakan in Soviet Armenia: October-November 1990 (Earthquake Zone); a trip to the Nagorno Karabakh Republic from Armenia sponsored by the **Nobel Peace Prize Recipient Organization: Doctors Without Borders (MSF: Médecins Sans Frontières)** to train 25 Counselors, Psychologists and Psychiatrists, July 1999.

Dr Edmund L. Gergerian was awarded the **"Psychiatric Residency Award, for Outstanding Achievement"** by the



**Thomas Jefferson University Hospital**, Department of Psychiatry in 1973; the "**Humanitarian Assistance Award**" from the **President of the Republic of Armenia**, Levon Ter-Petrossian, September, 1994; the **Outstanding Achievement Award**, from the **Armenian Behavioral Science Association**, for outstanding contributions to the behavioral sciences, August 1995 and a **Recognition Award from the Armenian American Society for Studies on Stress and Genocide**, April 1998.

Dr Edmund L. Gergerian has been the keynote speaker at the **EMF Worldwide Gathering** in Sedona, AZ (2003) where he presented: "**Physical, Emotional, Mental and Spiritual Wellness using the EMF Balancing Technique**" [www.EMFWorldwide.com](http://www.EMFWorldwide.com) and in 2005 he was the keynote speaker at the **Soma-Share Convention** at Deer Creek, Ohio "**Integrating SomaEnergetics and Universal Calibration Lattice**" [www.SomaEnergetics.com](http://www.SomaEnergetics.com) describing in detail the architecture and dynamics of the new energy anatomy known as the **UCL: Universal Calibration Lattice**. He has been a frequent presenter of The Lattice at metaphysical societies in New York and New Jersey.

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## Interview

with Karen Leffler

### Photographer to the Entities



Karen Leffler

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*I met Karen Leffler a few years ago at a mutual friend's place. I followed her work on the web and in publications. I often wondered why she was able to capture with the Spirits permission, such wondrous images. I approached her at the Omega John of God Event this Fall in New York and proposed an interview to present her work to our readers. I was thrilled when she agreed to an interview.*

*Editor*

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*E.R. Karen Leffler, what has attracted you to photography- in what life circumstance?*

I started my career in California real estate. I had often the need to take photographs of properties that I represented and also had an easiness with the camera. Over time I became a professional Architectural Photographer and several years ago relocated to Connecticut. Many of my architectural photographs have been published in Connecticut's Fairfield County magazines including the folio award winning magazine The Modern Estate, Weston Magazine and the Greenwich Times.



An Edward Durrell's New Canaan CT house Photo by K.L.



Grand Entry Stairs Photo by Karen Leffler

An interesting project is the book "The House That Jill Built" where I have 160 photographs. It's a book where an entrepreneurial woman builds her house and there are pictures at all stages of construction

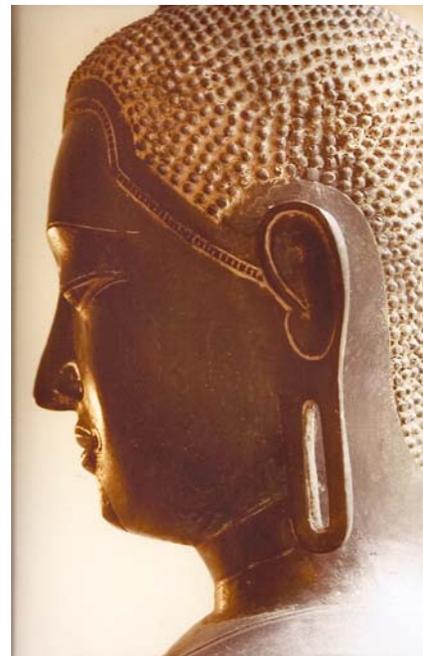
[http://www.amazon.com/House-That-Jill-Built/dp/1586854593/ref=sr\\_1\\_2?ie=UTF8&qid=1224612769&sr=1-2](http://www.amazon.com/House-That-Jill-Built/dp/1586854593/ref=sr_1_2?ie=UTF8&qid=1224612769&sr=1-2)

*E.R. I noticed a few art photographs with Buddhist subjects- could you tell us about them, do you have other interests?*

**KL.** I am a Buddhist at heart, even though I grew up Catholic. The simplicity and purity of Buddhism resonates in me and I love the art forms of that tradition. When traveling I capture vignettes of that resonance.

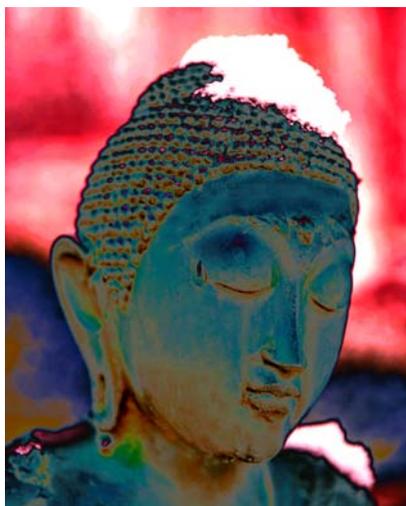


Bodhisattva Photo by Karen Leffler



Buddha Bronze Photo by Karen Leffler

When I play, I take photographs that I particularly like and enhance and shift colors until I obtain a surreal dream-like look. It is something that intrigues me. The dance of light and shadow; worlds within worlds appear in dream-like fashion.



Buddha Monkin Snow Photo by K. L.



Composition Silver Boat Sunrise

Photo by Karen Leffler

*E.R. Karen, when did you start photographing spiritual subjects?*

**KL.** In 2001 I went to The Casa de Dom Inacio in Brazil and, while in the current room, I was occasionally taking pictures with an inexpensive camera. To my surprise the pictures were showing streams of energy. I showed them to Sebastian the Casa secretary and he, with his medium eyes and knowledge of the Casa ways- recognized them as special. Before I fully understood, I was allowed to take pictures of happenings at the Casa. Over the last few years I accumulated quite a collection. I am always thrilled, as you can imagine, when Medium Joao or the Entities ask me to photograph a particular event. The pictures below are a good sampling of spirit photography:



Photo by Karen Leffler

In 2004 while buying vegetables at a farm near medium Joao's home in Itapaci, Brazil, I took a photo and a spirit manifestation appeared with the usual energy fluctuations which look like 'out of focus' in certain areas.



Photo by Karen Leffler

Photo of eye surgery in 2001. The Entity blindfolded Medium Joao to show that Medium Joao's consciousness was not there and that the Entities don't really even need his eyes to do the work.



Photo by Karen Leffler

Energy photo in 2002- I captured a huge spirit photo in the Entities Current when the Entity Francis Xavier removed a cancerous tumor from the breast of a woman. As the Entity sent that woman energy, the lights went out, the music stopped and my photo shows hundreds of spirits in the room working.



Photo by Karen Leffler

Photo in 2002. A friend talks to the Entity as a huge light stream goes into the crystal. When I showed this photo of a series of photos to the Entity, He said: "See the power of the crystal"!

Recently I co-authored a book "John of God: The Brazilian Healer Who Has Touched the Lives of Millions" with Heather Cumming, whom I met at the Casa as my spirit photos were just beginning to manifest. This book proved to be very successful. "John of God: The Brazilian Healer Who Has Touched the Lives of Millions" was published in 2007 by Simon & Shuster. It has already been translated into 7 languages. João Teixeira de Faria (known as John of God) allowed Heather and me to come very close to him. Thus I feel very privileged to have documented this extraordinary individual. (see book link below)

[http://www.amazon.com/John-God-Brazilian-Touched-Millions/dp/1582701644/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1224617211&sr=8-1](http://www.amazon.com/John-God-Brazilian-Touched-Millions/dp/1582701644/ref=sr_1_1?ie=UTF8&s=books&qid=1224617211&sr=8-1)

*E.R. Karen, could you tell us a little about your current preoccupations and plans for the future?*

**KL.** I would like to create a full length documentary film of the life of John of God and the Entities of Light. While coauthoring the book about John of God, I came in touch with archival photographic material of outmost importance, and now I am in the process of digitizing this material to preserve it for posterity. This unique photograph that you see below on the left, that I am in the process of restoring, shows an entity projection. It is rare and precious archive material. The photo on the right shows the beloved medium Chico Xavier and younger Medium Joao together.



Early Casa picture

Archive Photo



Two mediums

Archive Photo



Starting this year, I started conducting tours 4 times a year taking people to the Casa de Dom Inacio, since I am one of the official tour guides.

One of my most revered projects is to take children with special needs to the Casa Dom Inacio after allopathic medicine has abandoned them. For this purpose I have founded a not for profit organization and am the executive director. "The Trice Blessed Foundation" has obtained seed money through a grant and we will conduct our first tour in February 2009. I will be soon seeking actively candidates for this journey. The archival work will also be part of this foundations purpose.

*E.R. Karen, how would you like to be contacted?*

**KL.** Please contact me through my websites: [www.johnofgodspirittours.com](http://www.johnofgodspirittours.com) ; [www.spiritfotos.com](http://www.spiritfotos.com) ; the blog at [www.thriceblessed.com](http://www.thriceblessed.com) or my e-mail: [kleffler@gmail.com](mailto:kleffler@gmail.com)

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## **Events Review**

### **Tibetan Bon Powa Teaching**

For a definition of Powa see this link:

<http://www.nationmaster.com/encyclopedia/Powa>

On Sept 27 and 28, 2008 I attended the Powa teaching session with Chongtul Rinpoche the founder and spiritual director of the Bon Shen Ling foundation.

<http://www.bonshenling.org/>

A Tibetan Bon teacher, Chongtul Rinpoche, in a pragmatic way, says (paraphrased): "Since everyone is going to die, one may as well know how to do it".

About 30 people attended the session held in the teaching room adjacent to the Circles of Wisdom Store in Andover MA. <http://www.circlesofwisdom.com/>

This training is a practical exercise sequence that clears and opens channels in one's body. When successful, a microscopic hole on the skull's skin "appears" becoming physical so that a traditional teacher may insert a blade of grass. This becomes physical proof of this right of passage. We are told if a practitioner practices the prescribed exercises some 7 times a day for about 14 days one may experience the phenomena. This practice allows the practitioner to skip intermediary stages after death and attain liberation.

A description of a young monk undergoing this training is found in Tenzin Rinpoche's book "Wonders of the Natural Mind: The Essence of Dzogchen in the Native Bon Tradition of Tibet", Snow Lion Publications, 2000

[http://www.amazon.com/Wonders-Natural-Mind-New-Tradition/dp/1559391421/ref=sr\\_1\\_1?ie=UTF8&qid=1224869821&sr=8-1](http://www.amazon.com/Wonders-Natural-Mind-New-Tradition/dp/1559391421/ref=sr_1_1?ie=UTF8&qid=1224869821&sr=8-1)

The interest in this practice is great and perhaps in the future - a retreat on the subject will be offered. Please monitor the Bonshenling link for announcement of future teachings.

ED

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## **The John of God Event**

The John of God Event took place at the Omega Institute in Rheinbeck NY 08 September 29 through October 2.

When Medium Joao briefly stopped in Washington DC, 4 years ago no one would have dreamed that him and his invisible friend's presence would occur on this land again and again. The Gods were kind.

First in Atlanta, then twice at Omega, the event drew many souls. This year there were about 1,500 people for each of the 4 days of this event. That alone in our materialistic environment is a miracle. Also a miracle would be the speed with which the crowd, that is within an hour of the event's start, coming from all walks of life where humming energetically in unison.

On his first day appearance, just as he does in Brazil- Joao did an on stage incorporation. His supporting volunteers said prayers in Portuguese, Our Father and Hail Mary, with everyone else in the 1,500 people crowd seated on chairs in a huge white tent. That first day, a light drizzle was in the air outside the tent. With a shudder Joao became Dr. Jose Valdivino. Then, without further ado, he went to work.



Praying on the stage



The Entity has incorporated



The Entity leaves the stage



The Entity is helped on the way to the Entity Room

Next day the entity was eager to go to work so the incorporation took place in the entity room. We have to thank Karen Leffler for this incredible sequence of photographs published here by permission. You are seeing Medium Joao seconded by Heather Cumming saying the prayer while the other volunteers are holding field.



Praying



Notice the hand gesture – they occur spontaneously



Medium Joao prepares to incorporate the Entity



Holding his heart, Joao's consciousness departs



The Entity has incorporated- blessing the audience



The Entity already working, preparing to be seated



Entity inviting the first people



Mother and child are being spoken to



Karen captured this delicate interchange



Love transcending all, archetypal



People lining up



Communication expressed in hand holding



The enormous amount of spiritual interventions- perhaps half the crowd, showed the extraordinary stamina of this medium. Until the last person was seen- perhaps the second time the same day (there were morning and afternoon sessions) the medium had his bodily functions shut. Many events showed the extraordinary adaptability of this minion of Entities, what in Brazil was accomplished with blessed herbs, was accomplished in Rheinbeck with water. The blessed water became the vessel for healing. The blessed soup was traditionally served at lunch. Many people who had interventions had their friends bring it to them. The feeling of friendship, kindness and devotion was extraordinary. The Omega Institute staff was superb.

We are looking forward to the return of this event next year perhaps at the same time.

ED.

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## **Book Review**

### **The Perfect Medium: Photography and the Occult (Hardcover)**

[http://www.amazon.com/gp/product/product-description/0300111363/ref=dp\\_proddesc\\_0?ie=UTF8&n=283155&s=books](http://www.amazon.com/gp/product/product-description/0300111363/ref=dp_proddesc_0?ie=UTF8&n=283155&s=books)

This book accompanied a rare photo exhibit at the Metropolitan Museum a few years ago. A scholarly work, it assembles the best photographs from private collections covering the fascinating time when the beginning of photography was capturing the end of the fascination Victorian society had with Spiritualism. The book has 3 chapters: Photographs of Spirits, Photographs of Fluids and Photographs of Mediums. The book devotes some images to what are obvious fakes and the discernment as to what is not so. Some of this rare material is showing levitation of people and objects, ectoplasmic veils, projections and materializations. The mediums of the time, dressed or naked, are performing what was both satisfying curiosity and research. The collection of 250 photographs covering the time span from the Victorian era to the 60 ties are documenting levitations, apparitions, transfigurations, ectoplasms, spectres, ghosts, and auras, from both American and European occult societies and collections both public and private. The writers are a group of French and German scholars, curators and other professionals. This book is a landmark work one must see- much recommended.

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## **Announcements**

This Newsletter is being emailed the 3rd week of every month. Deadline for submitting copy, material, announcements and other contributions, is the 15th day of the month. E mail Newsletter material to [Abaraschi@aol.com](mailto:Abaraschi@aol.com) mentioning Newsletter in the email title.

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## **Credits**

Janet Lynn Roseman, FL; Edmund L. Gergerian, NY; Karen Leffler CT; Anton Baraschi NY.

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